Survivor Disclosure & Reporting Reflection Questionnaire

(Clergy Abuse & Clergy Sexual Abuse)

Important:
You are in control of this process. You can stop at any time. You do not have to answer every question.

SECTION 1: Safety & Stability

1. Do I feel physically safe right now?
   ☐ Yes
   ☐ No
   ☐ Unsure

2. Is the person who harmed me currently in a position of authority or access to minors/vulnerable adults?
   ☐ Yes
   ☐ No
   ☐ Unsure

3. If I disclose, could I face retaliation (family, church, employment, social)?
   ☐ Yes
   ☐ No
   ☐ Unsure

4. Who could I contact if I feel overwhelmed after disclosure?
   Name(s): _____

5. Am I currently working with a trauma-informed therapist or advocate?
   ☐ Yes
   ☐ No
   ☐ Considering

SECTION 2: Personal Readiness

6. Why am I considering disclosure at this time?
   (Justice, protecting others, healing, anger, accountability, being believed, other)

7. What outcome am I hoping for?

8. What outcome am I afraid of?

9. On a scale of 1–10, how emotionally prepared do I feel to tell my story?

   1 2 3 4 5 6 7 8 9 10

10. What support would help me feel more prepared?

SECTION 3: Documentation & Memory

11. Have I written down what happened (to the best of my ability)?
    - ☐ Yes
    - ☐ No

12. Do I have any of the following?
    - ☐ Emails/texts
    - ☐ Letters
    - ☐ Witnesses
    - ☐ Journal entries
    - ☐ Church bulletins/programs
    - ☐ Employment documents
    - ☐ Other evidence: _____

13. Do I know approximately when and where the abuse occurred?
    - ☐ Yes
    - ☐ Rough estimate
    - ☐ No

SECTION 4: Legal Considerations

14. Have I consulted an attorney who specializes in clergy/institutional abuse?
    - ☐ Yes
    - ☐ No

15. Do I know the statute of limitations in my state?
    - ☐ Yes
    - ☐ No

16. Am I considering:
    - ☐ Criminal report
    - ☐ Civil lawsuit
    - ☐ Both
    - ☐ Unsure

17. Has anyone advised me about potential defamation risks before public disclosure?
    - ☐ Yes
    - ☐ No

18. Am I aware that reporting to church leadership may not trigger law enforcement involvement?
    - ☐ Yes
    - ☐ No

SECTION 5: Reporting Pathway

19. If minors are currently at risk, have I considered reporting to Child Protective Services or law enforcement?
    ☐ Yes
    ☐ No
    ☐ Not applicable

20. Who am I thinking of disclosing to first?
    ☐ Therapist
    ☐ Attorney
    ☐ Police
    ☐ Church leadership
    ☐ Family/friend
    ☐ Media
    ☐ Advocacy organization
    ☐ Unsure

21. Have I spoken to an advocate about emotional impact before filing a report?
    ☐ Yes
    ☐ No

SECTION 6: Public Disclosure

22. Am I considering going public (media, social media, public statement)?
    ☐ Yes
    ☐ No
    ☐ Maybe

23. Have I consulted legal counsel before making public statements?
    ☐ Yes
    ☐ No

24. How might public disclosure affect:

- My family: _____
- My church/community: _____
- My employment: _____
- My mental health: _____

SECTION 7: Spiritual & Community Impact

25. Has this experience affected my faith or spirituality?
    - ☐ Yes
    - ☐ No
    - ☐ Unsure/Complicated

26. Do I have a spiritual support system outside the institution where harm occurred?
    - ☐ Yes
    - ☐ No

27. Would I benefit from spiritual trauma counseling?
    - ☐ Yes
    - ☐ No
    - ☐ Unsure

SECTION 8: Control & Agency

28. What parts of this process do I control?

    _____
    _____
    _____

29. What feels outside of my control?

    _____
    _____
    _____

30. What pace feels safest for me right now?
    - ☐ Immediate reporting
    - ☐ Slow and supported
    - ☐ Information gathering only
    - ☐ Not ready

31. What does “justice” mean to me personally?

    _____
    _____
    _____
    _____

Closing Reflection

You are allowed to:

- Take your time
- Change your mind
- Seek multiple opinions
- Protect your privacy
- Prioritize your healing

Disclosure is not a single event — it is a process.